

QOF 2011-12

If you don't want to plough through the enormous national guidance on QOF, here is a quick summary of the changes for 011-12. This covers only the clinical aspects of QOF, as you might need them in the consultation, not the organisational and administrative issues. In this summary I have put **new additions are shown in bold italic** and ~~deleted requirements that have been removed~~. **The key changes are:**

- You don't get points for measuring things (cholesterol), but for the results of those tests (cholesterol ≤ 5).
- Those with CHD now need to be on ACE inhibitors & statins as well as beta-blockers & an antiplatelet.
- In diabetes the HbA1c targets have been relaxed to reflect the latest evidence but BP targets are tighter! Foot risk now also needs to be assessed and classified.
- For those with severe and enduring health more emphasis is placed on detailed health promotion.
- In epilepsy women need annual contraceptive/conception advice
- Those with Down's syndrome (annual TSH).
- Those diagnosed with dementia need the usual blood tests.

Secondary prevention of CV disease

Percentage with **angina** referred for ~~exercise testing and/or~~ specialist assessment

Percentage with **coronary heart disease** who have had:

~~BP recorded in last 15m~~

And that BP is $\leq 150/90$

~~Cholesterol measured in last 15m~~

And that cholesterol is ≤ 5

~~On aspirin/other antiplatelet/anticoagulant~~

On a beta-blocker, **ACE inhibitor, statin and anti-**

platelet therapy

Received a flu jab in the last flu season

Those with a history of **MI** who are on an ACE inhibitor/ARB

Heart failure

Percentage whose diagnosis is confirmed by echo or specialist assessment

The percentage of people with LVSD who:

Are on an ACE inhibitor/ARB

On an ACE/ARB and a cardioselective beta-blocker.

Stroke and TIA

The percentage of new patients with **CVA/TIA** referred for further investigations.

The percentage of patients with **CVA/TIA**:

~~Who have had a BP in the last 15m~~

And that blood pressure is $\leq 150/90$

Cholesterol recorded in the last 15m

And that cholesterol is ≤ 5

Have had flu jab in the last flu season

Percentage with a non-haemorrhagic stroke/TIA on antiplatelet agent or anticoagulant

Atrial fibrillation

Percentage where diagnosis confirmed by ECG/specialist

Percentage on anticoagulants/antiplatelets

Hypertension

Those with newly diagnosed hypertension (without CVD) **aged 30-74** who have had a face-to-face CV risk assessment within 3m of diagnosis.

Percentage diagnosed after 1/4/09 given lifestyle advice in previous 15m relating to: exercise, smoking cessation, alcohol and diet.

Percentage with hypertension who:

Have had a BP recorded in the last 9m

And in whom that BP is $\leq 150/90$

Health promotion

For all patients aged $\leq 45y$ at least 65%/80% have had BP recorded in last 5 years (more points for 80% target)

Diabetes

Note: register is for those aged ≥ 17 and must specify whether type 1 or type 2

Patients with diabetes of any type who:

Have had a BMI recorded in last 15m

~~HbA1c recorded in last 15m~~

And that HbA1c is $\leq 7 \leq 7.5$ (**56mmol/mol**)

And that HbA1c is ≤ 8 (64mmol/mol)

And that HbA1c is ≤ 9 (75mmol/mol)

Have had retinal screening in last 15m

~~Peripheral pulses recorded in last 15m~~

Foot exam in last 15m and foot classified as low/increased, high risk or ulcer present.

Neuropathy testing in last 15m

~~BP recorded in last 15m~~

~~And that BP is $\leq 145/85$~~

And that BP is $\leq 140/80$

And that BP is $\leq 150/90$

Microalbuminuria test in last 15m (unless proteinuria) and *if microalbuminuria/proteinuria*, percentage on ACE/ARBs

eGFR or creatinine in last 15m

Cholesterol in last 15m

And that cholesterol is ≤ 5

Flu jab given in last flu season

COPD

New diagnosis: post-bronchodilator spirometry required

Percentage of patients with

An FEV1 recorded in last 15m

MRC dyspnoea score in last 15m

Flu jab in previous flu season

Asthma

Note: asthma register excludes those who have had no asthma related drugs in last 12m

If diagnoses after 1/4/2006, percentage aged $\geq 8y$ who've had tests for variability or reversibility

Those aged 14–9 who have had a smoking status recorded in last 15m

Percentage of all asthmatics who have had an asthma review in last 15m

Chronic kidney disease (CKD)

Note register includes only those ≥ 18 with CKD 3–5.

Percentage with CKD 3–5 with:

BP recorded in last 15m

And that BP is $\leq 140/85$

ACR or PCR in last 15m

Of those with hypertension and proteinuria:

Percentage won ACE or ARB

Hypothyroidism

Percentage with TSH recorded in last 15m

Depression

Percentage with CHD/diabetes who have been screened for depression using the two question test.

Percentage with depression who have had assessment of severity using validated tool (e.g. HAD/PHQ-9) (see Mental Health chapter)

For those newly diagnosed with depression, a reassessment of severity (using same tool) 4–12 weeks after first questionnaire.

Mental health

Note: register is of those with schizophrenia, bipolar disorder & other psychoses

Percentage of people with schizophrenia, bipolar disorder & other psychoses who have had (last 15m):

Alcohol consumption recorded

BMI recorded

BP recorded

Chol:HDL ratio recorded

A smear in the last 5y if within national screening age

Had a review in the last 15m (including relevant health promotion advice)

Have a documented care plan

If DNA annual review are contacted in 14d

For those on lithium, percentage with:

Creatinine & TSH in last ~~9m~~ ~~15m~~

Li level in therapeutic range in last ~~4m~~ ~~6m~~

Dementia

Review in past 15m

New diagnosis dementia: FBC, Glu, U&Es, LFTs, calcium, B12 and folate levels in 6m before or after diagnosis

Epilepsy (those $\geq 18y$ only)

Percentage on drug treatment who have:

Record of seizure frequency in last 15m

Been seizure free in last 12m

~~Medication review in last 15m~~

Women $< 55y$ on anti-epileptics who have had contraceptive/conception advice in last 15m

Cancer

Note: excludes non-melanotic skin cancers

Percentage of patients with cancer diagnosed within the last 18m who have a review within 6m of practice being notified of diagnosis

Practice has a complete register available of all patients in need of palliative care/support.

Practice discusses all on palliative register at least every 3m at multidisciplinary meeting.

Obesity

Register of $\geq 16y$ with a BMI ≥ 30 in last 15m

Learning disability

Register: $\geq 18y$ with learning disabilities.

If Down's syndrome & $\geq 18y$ have had a TSH in last 15m

Smoking

Smoking status of all patients aged 15 and over is recorded in the last 27m

Percentage of patients with any of the following conditions who have had smoking status recorded in last 15m: CVD, hypertension, diabetes, COPD, asthma, CKD, asthma, schizophrenia, bipolar affective disorder or other psychoses

Percentage of above who have been offered smoking cessation advice in last 15m

Medicines management

For those on repeat medicines, a medication review is recorded in the notes in the last 15m (target $> 80\%$)

Sexual health and contraception

Percentage of women aged 25–64 (21–60 in Scotland) who have had smear in last 5y

Percentage on oral/patch contraception given advice on long-acting reversible contraception (LARC) in last 15m

Percentage of women given emergency hormonal contraception (EC) by the practice in the last year who have received information about LARC within 1m of EC prescription.

Summarised from Quality and Outcomes Framework Guidance for GMS Contract, BMA and NHS Employers, March 2011

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Spring 2011 dates:

Exeter - Wednesday March 16
Southampton - Thursday March 17
London - Friday March 18
London - Saturday March 19
Edinburgh - Wednesday March 23
Leeds - Thursday March 24
Manchester - Friday March 25
Birmingham - Saturday March 26

Summer 2011 dates:

Newcastle - Wednesday May 11
Sheffield - Thursday May 12
Liverpool - Friday May 13
Birmingham - Saturday May 14
Bristol - Wednesday May 18
Cambridge - Thursday May 19
London - Friday May 20
London - Saturday May 21
London - Wednesday May 25

GPs £185, ST1, 2 & 3 and Nurses £150. For more details see www.gp-update.co.uk.

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